

SWIMMING

Jim Anderson

Lives: Broxburn, Scotland

Born: 14.04.63, St. Andrews, Fife

Occupation: Athlete

Club: Broxburn, ASC

Coach: Anthony Stickland

Events: 50m free, 100m free, 200m free, 50m back

Category: S2

Games attended: Four (Barcelona 1992, Atlanta 1996, Sydney 2000, Athens 2004).

PG: silver (S2 50m back, 50m free & 100m free) Barcelona ESP Sep 92; gold (S2 50m back - WR & 100m free - WR), silver (50m free), Atlanta USA Aug 96; silver (S2 50m back, S2 50m free & S2 100m free) Sydney AUS Oct 00; gold (S2 50m back, S2 50m free, S2 100m free & S2 200m free - WR) Athens GRE Sep 04. WCh: gold (50m & 100m free) bronze (50m back) MLT Nov 94; gold (100m & 200m free & 50m back), silver (50m free) NZ Oct 98; gold (50m back – WR, 100m free, 200m free - WR), silver (50m free) Mar Del Plata ARG Dec 02; gold (50m free), silver (100m free & 200m free & 50m back) Durban RSA Dec 06. PWC: golds (50m back) Manchester GBR 05; gold (50m free) Manchester GBR May 06; gold (S2 50m free) Manchester GBR May 08.

One of the GBR stars at Athens 04 PG, winning gold in each of the 4 events in which he competed. Now at his 5th PG. Jim grew up watching David Wilkie winning medals & always wanted to do the same. Set 2 WRs & 4 ERs in winning 3 golds & a silver at 02 WCh & won 4 gold medals at the Braunschweig GER 99 ECh. Is a former British disco dancing champion, winner of 97 Boccia BCh & is big fan of Scotland rugby. Has had short stories published.

Claire Cashmore

Lives: Kidderminster/ Devon

Born: 21.05.88, Redditch

Occupation: Student / Full-time swimmer

Club: Kelly College / Wyre Forest SC

Coach: Robin Brew

Events: 100m back, 100m free, 100m breast

Category: S9, SB9, SM9

Games attended: One (Athens 2004)

PG: bronze (S9 100m back & SM9 200m IM), 5th (S9 50m free), 6th (34 pts 4x100m free), 8th (S9 100m fly) Athens GRE Sep 04. WCh: silver (SB8 100m breast & 4x100m med relay) Durban RSA Dec 06. PWC: bronze (50m free - BR), 5th (100m free) Manchester GBR May 06; silver (100m free-BR) Manchester GBR May 07; 5th (S9 100m free) Manchester GBR May 08.

1st selected for GBR in 04 & competed at Athens PG aged 16 yrs coming home with 2 medals. A former runner. Ian Thorpe is her sporting hero.

Emma Cattle

Lives: Harlington

Born: 10.04.88, Luton

Occupation: Athlete

Club: Luton SC

Coach: Neil Longridge, Mick Massey

Events: 50m free, 100m back, 200m IM

Category: S10, SB9, SM10

Games attended: None

WCh: 4th (200m IM), 5th (100m back), 6th (100m fly), 11th (400m free), 12th (100m free), 13th (50m free) Durban RSA Dec 06. PWC: 5th (S10 100m back) Manchester GBR May 08.

Competing at 1st PG, 1st taste of sporting success was being picked for Luton SC, which she joined as brother was member. Just missed out on the medals at 06 WCh. Sporting hero is Kelly Holmes.

Jenny Coughlin

Lives: Swansea/ St. Helens

Born: 09.11.83, Liverpool

Club: St. Helens

Coach: Colin Hood

Events: 100m free, 400m free, 100m back, 100m fly

Category: S13

Games attended: Two (Sydney 2000 & Athens 2004)

PG: 5th (S13 50m free, S13 100m free & SM13 200m IM) Sydney AUS Oct 00; 7th (S13 400m free), 8th (S13 100m fly & S13 100m back)

Athens GRE Sep 04. WCh: gold (4x100m free rel & 4x100m med rel), silver (100m back) Mar Del Plata ARG Dec 02. ECh: gold (50m free, 100m free & 100m back), silver (4x100m med rel) Stockholm SWE Aug 01. PWC: 6th (S13 100m fly) Manchester GBR May 08.

Made GBR debut in 00 & now at her 3rd PG. Aims to be a Physiotherapist in future. Enjoys going out with friends, visiting the cinema & watching Liverpool FC.

Gareth Duke

Lives: Cwmbran
Born: 18.06.86, Pontypool, Wales
Occupation: Full time swimmer
Club: Swim Swansea
Coach: Billy Pye
Events: 100m breast
Category: SB6

Games attended: One (Athens 2004)

PG: gold (SB6 breast – PR, ER), bronze (4x50m free 20 pts relay team) Athens GRE Sep 04. WCh: silver (100m breast), bronze (4x50m free) ARG Dec 02; gold (SB6 100m breast), bronze (200m IM, 4x50 med), 6th (400 free), 9th (50m free) Durban RSA Dec 06.

Struck gold in SB6 100m breaststroke on PG debut at Athens 04, setting a PR & ER in the process. Medalled twice on GBR debut at 02 WCh. Set 50m breast WR at ASA Nats in Manchester GBR Jul 03 & 100m breast short course WR, Sheffield, 03. Underwent successful kidney transplant operation in Feb 06 after father donated kidney. With hopes of competing at highest level under threat – made miraculous comeback to win gold at 06 WCh, setting new WR in process – his time of 1.27.04 beating old rival Travis Mohr's USA time of 1.28.12 set in Minneapolis USA in 04. Sporting hero is Ian Thorpe & enjoys watching TV, listening to music & reading books in spare time.

Graham Edmunds

Lives: Swansea
Born: 22.09.74, Reading
Occupation: Pharmacist
Club: Swim Swansea
Coach: Billy Pye
Events: 50m free, 100m free
Category: SM10, S10, SB9

Games attended: One (Athens 2004)

PG: gold (4x100m free rel), 6th (S10 50m free), 8th (100m back) Athens GRE Sep 04. WCh: gold (34pt 4x100m free rel), 6th (50m free) Durban RSA Dec 06.

1st selected for GBR in 04. Won PG gold in 4x100m free relay in Athens on his 30th birthday. Qualified pharmacist, & member of Royal Pharmaceutical Society of GB. Favourite other sports are snowboarding & surfing.

David Ellis

Lives: Heanor, Derbyshire

Born: 12.07.86, Nottingham

Occupation: Student

Club: Derventio

Coach: Mark Rose

Events: 50m free, 100m free, 100m back, 100m fly, 100m breast, 200m IM

Category: S13, SB13, SM13

Games attended: None

WCh: 4th (100m breast), 5th (200m IM), 10th (50m free) Durban RSA Dec 06. BCh: bronze (100m fly), 5th (100m breast), 6th (50m free), 8th (100m free) Sheffield GBR Apr 08.

BR holder in 100m breast, 100m back & 200m IM. Currently doing BTEC Nat Diploma in sports science. 1st taste of sporting success was winning gold at county champs & achieving a nat qual time aged 12. Relishing opportunity to compete on biggest stage in world.

Jonathan Fox

Lives: St. Austell, Cornwall

Born: 30.05.91, Plymouth

Occupation: Student

Club: Newquay Cormorants

Coach: Phil Goldman

Events: 50m free, 100m free

Category: S7

Games attended: None

WCh: 4th (50m free) 5th (100m back & 400m free) Durban RSA Dec 06. German Op: gold (jnr), silver (silver S7 200m back – WR, heats) Berlin GER 06. PWC: 4th (S7 50m free) Manchester GBR May 08.

1st selected for GBR in 05 & makes PG debut in Beijing. Set a new WR in S7 100m backstroke Apr 08 at BCh and improved it in German Open May 08. Studying for GCSEs. Can master Rubik's Cube in just 3 minutes.

Sean Fraser

Lives: Loanhead, Midlothian, Scotland

Born: 30.04.90, Edinburgh

Occupation: Student

Club: Edinburgh Warrender Baths Club

Coach: Laurel Bailey

Events: 50m free, 100m free, 400m free, 100m back,

Category: S9, SB8, SM9

Games attended: None

CPWCh: gold (50m free, 100m free, 400m free), silver (4x100m med rel & 4x100m free rel), bronze (100m fly) Connecticut USA Jul 05.

Won 3 golds, 3 silvers & a bronze at 05 CPWCh. 1st major comp with GBR tm was Danish Op in Mar 07 after making GBR debut previous month. Has broken BR in 100m back 3 times in 2008. Also holds BR in 50m free from Paralympic Trials 08. Enjoys basketball, cross-training & running & participates in higher PE at school.

Heather Frederiksen

Lives: Leigh, Lancashire

Born: 30.12.85, Billinge, Wigan

Occupation: Full-time athlete

Club: City of Salford

Coach: John Stoute

Events:

Category: S6, SB6, SM6

Games attended: none

PWC: gold (S8 100m back – WR - 1.17.41) Manchester GBR May 08.

BCh: gold (S8 50m free – BR & S8 100m free - BR), silver (100m fly – BR) Sheffield GBR Apr 08. Gemen Op: gold (S8 400m free - ER), silver (S8 50m back – ER) Berlin GER May 08.

Broke S8 400m freestyle ER with time of 5.01.29 on day 1 of 08 BCh before breaking S8 100m free BR twice in a day, finishing with a time of 1.09.40. Set S8 100m back WR at 08 PWC. Competing at 1st PG.

Kate Grey

Lives: Thornbury

Born: 25.01.89, Bristol

Occupation: Student

Club: University of Bath

Coach: Mark Skimming

Events: 100m breast, 200m IM

Category: S9

Games attended: None

WCh: silver (34pt 4x100m med rel), 6th (200m IM & 100m back)

Durban RSA Dec 06. PWC: 5th (50m free), 10th (100m free)

Manchester GBR 06. BCh: 6th (200m IM) Sheffield GBR Apr 08.

1st selected for GBR in 03. Played at able-bodied county level for netball, athletics & cross-country running. Studying coach education & sports dev degree at Uni of Bath.

Rhiannon Henry

Lives: Montreal, Canada

Born: 20.05.87, Bridgend

Club: Swansea Performance

Coach: Sebastien Messier

Events: 50m free, 100m free, 400m free, 100m fly

Category: S13, SM13

Games attended: One (Athens 2004)

PG; bronze (S13 100m fly & S13 400m free), 4th (S13 100m free & SM13 200m IM - BR), 6th (S13 50m free – BR & S13 100m back)

Athens GRE Sep 04. WCh: gold (4x100m free rel & 4x100m med rel), silver (S13 100m fly), bronze (S13 100m free 400m free &

S13 200m IM), 4th (S13 50m free) ARG Dec 02; bronze (100m fly), 4th (400m free), 5th (100m free & 200m IM), 7th (50m free) Durban

RSA Dec 06. ECh: gold (S13 100m fly, S13110m breast & S13 200m IM) Stockholm SWE Aug 01. CG: 4th (EADS 100m free for

WAL), 8th (EADS 50m free) Melbourne AUS Mar 06. PWC: gold (S13 100m fly) Manchester GBR May 08. IBSA World Games:

gold (S13 200m free, S13 400m free, S13 800m free & S13 100m fly), silver (S13 100m free & S13 200m IM) Quebec CAN 03. BCh:

gold (100m fly – BR), silver (100m free - BR) Sheffield GBR Apr 08. German Op: 4th (S13 400m free) Berlin GER May 08.

1st selected for GBR at 01 ECh . Double bronze medallist on PG debut in Athens when also came away with BRs. Her S13 100m fly bronze was GBR's 1st in the pool in Athens. Competed for WAL at CG in 02 & 06, just missing medal in Melbourne in 4th. 1st sporting success was gaining 5m swimming certificate. Sporting heroes are Steve Redgrave & Michael Phelps. Studied for 10 GCSEs & has 3 A- levels.

Charlotte Henshaw

Lives: Mansfield / Sitrling

Born: 16.01.87, Mansfield
Occupation: Student
Club: Nova Centurion / Stirling Swim
Coach: Anthony Stickland
Events: 100m breast
Category: S8, SB6, SM8
Games attended: none
BCh: 4th (100m fly & 100m back) Sheffield GBR April 08. German Op: silver (100m breast SB6) Berlin GER May 08.
Swam as member of GBR tm at Danish Op Ch in Esbjerg in 05 & now making PG debut in Beijing. Set WR time in 50m breast at ScotCh Jun 08

Sam Hynd

Lives: Kirkby in Ashfield
Born: 03.07.91, Sutton in Ashfield
Occupation: Student
Club: Sutton in Ashfield/ Nova Centurion
Coach: Glenn Smith
Events: 50m free, 100m free, 400m free, 100m breast, 200m IM
Category: S8, SB8, SM8
Games attended: none
PWC: gold (S8 400m free – WR) Manchester GBR May 08. BCh: bronze (S8 100m free – BR & 200m S8 IM - ER) Sheffield GBR Apr 08.
German Op: gold (S8 400m free – WR), 4th (S8 200m free – WR, heats) Berlin GER May 08.
17-year-old swimmer making his PG debut in Beijing. 1st selected for GBR in 04, 400m free S8 ER holder as of Apr 08 & broke WR in 400m free S8 heat at 08 BCh with time of 4.32.92. Smashed 200m IM ER to win bronze with time of 2.31.41 also at 08 BCh. Lowered own WR at 08 PWC in S8 400m free. Broke 400m free WR twice through heats & fnls of 08 German Op with fnl time of 4.28.81. Nickname is Salmon. Is a football & rugby fan.

Liz Johnson

Lives: Rogerstone, Newport/ Swansea
Born: 03.12.85, Newport, Gwent
Occupation: Full-time Athlete
Club: Swim Swansea
Coach: Billy Pye

Events: 50m free, 50m fly, 100m breast,

Category: S6, SB6, SM6

Games attended: One (Athens 2004)

PG: silver (SB6 100m breast), 5th (SM6 200m IM) hts (S6 50m fly)

Athens GRE Sep 04. WCh: gold (100m breast, 20 pt 4x50m med rel & 20pt 4x50m free rel), 4th (200m IM), 7th (50m fly) & 8th (50m free)

Durban RSA Dec 06. ECh: 5th (200m IM S7) Stockholm SWE Aug 01.

PWC: 5th (50m free S6) Manchester GBR May 06; 6th (SM6 200m IM)

Manchester GBR May 08.

Nicknamed the 'lizard', 1st selected for GBR in 00, making PG debut in Athens. Broke ER & BR for SB6 50 breast at Sheffield 06 WCh & WR, ER & BR for 100m breast in Millfield 05. Competed at 02 CG. Winner of a Princess Diana Achievement Award in 00. Has BSc in business management, specialising in finance. Favourite other sports are basketball, tennis & football & sporting heroes are Michael Johnson & David Beckham.

Natalie Jones

Lives: Manchester

Born: 31.10.84, Colchester

Occupation: Athlete

Club: Colchester phoenix ASC

Coach: Mick Massey

Events: 50m free, 100m free, 50m fly, 200m IM

Category: S6, SM6, SB6

Games attended: Two (Sydney 2000 & Athens 2004)

PG: 6th (4x50m free), 9th (SB6 100m breast), Sydney AUS Oct 00; gold (SM6 200m IM - WR& 4 x 50m med 20pts rel tm), 5th (SB6 100m breast & 100m back) Athens GRE Sep 04. WCh: gold (4x50m free)

bronze (SM6 200m IM), 5th (SB6 100m breast, S6 100m back) Mar Del Plata ARG Dec 02; gold (200m IM, 20pt 4x50 free & 20pt 4x50m med), silver (100m free), 4th (100m back), 6th (50m free) Durban RSA Dec 06.

PWC: silver (S6 50m free), 4th (100m free) Manchester GBR May 06;

gold (SM6 200m IM) Manchester GBR May 06. BCh: gold (S6 200m IM), bronze (S6 50m free) Sheffield GBR Apr 08.

Competed at Sydney 00 PG aged 15, where she was youngest GBR Paralympian, then went on to win an impressive brace of golds in Athens, incl a WR & PR in the SM6 200m IM, bting GBR tm-mate Nyree Lewis into 2nd. 200m IM Paralympic & World Champ & WR holder as of Feb 08. Girlfriend of Rik Waddon, who is in GBR cycling tm for Beijing 08. Supports Chelsea FC & sporting heroes are Tim Henman & David Beckham.

Sascha Kindred

Lives: Hereford

Born: 13.12.77, Munster, Germany

Club: Leominster Kingfisher SC

Coach: Emma Patrick

Events: 50m free, 50m fly, 100m breast, 200m IM

Category: S6, SB7, SM6

Games attended: Three (Atlanta 1996, Sydney 2000 & Athens 2004)

PG: silver (100m breast) Atlanta USA Aug 96; gold (100m breast – PGR & 200m IM - WR), silver (4x100m med), bronze (4x50m free), Sydney AUS Oct 00; gold (SM6 200m IM - PR & SB7 100m breast - PR); bronze (4x50m free 20 pts relay tm), 6th (S6 50m fly) Athens GRE Sep 04. WCh: bronze (100m breast), MLT Nov 94, silver (100m breast, 200m IM & 4x50m free), bronze (4x100m med) NZ 98; gold (100m breast, 200m IM & 4x100m med), bronze (4x50m free) ARG Dec 02; gold (100m breast & 200 IM), bronze (50m fly & 4x50 med rel) Durban RSA Dec 06. ECh: gold (100m breast) FRA Sep 95; gold (SB7 100m breast), bronze (S6 50m free, S6 100m free, S6 4x50m free & S6 4x50m med rel S6) ESP 97; gold (SB7 100m breast, SM6 200m IM & 4x100m med) silver (4x50 free) GER Aug 99; gold (SB7 100m breast, SM6 200m IM & SB7 4x100m med rel), silver (S6 4x50m free rel & 4x50m med rel), bronze (S6 50m fly) SWE 01. PWC: gold (50m fly) Manchester GBR May 06; gold (SM6 200m IM) Manchester GBR May 08. BCh: gold (S6 50m fly – ER S6 & 200m IM – WR) Sheffield GBR Apr 08. German Op: silver (SM6 200m IM) Berlin GER May 08.

One of GBR's outstanding Paralympians for more than a decade, medalling at last 3 PG, incl back-to-back golds in the SM6 200m IM and SB7 100m breast in Sydney & Athens. Set PR to win both of his golds in Athens. Aiming to complete an SM6 200m IM and SB7 100m breaststroke hat-trick in Beijing. Achievements at Sydney 2000 PG incl 2 ind golds & rel bronze, with a WR on same day. Looks in good shape in 08, smashing 200m IM WR in heat at 08 BCh before breaking it again in fnl to claim gold with time of 2.43.09. Named Male Swimmer of Yr at 02 WCh. Big Man Utd fan & his partner is top GBR swimmer Nyree Lewis. Sascha coaches the North West Swim team, with several world class potential swimmers & is qualified assistant teacher.

Sporting heroes are Michael Jordan & Carl Lewis.

Dervis Konuralp

Lives: London

Born: 27.09.80, London

Occupation: Swimmer/ Property Manager

Club: Green Borough Mariners
Coach: Kevin Arundell
Events: 100m fly, 100m breast, 200m IM
Category: S13

Games attended: Three (Atlanta 1996, Sydney 2000 & Athens 2004)
PG: bronze (S13 50m free) Sydney AUS Sept 00; bronze (S13 200m IM), 6th (S13 100m fly), 7th (S13 100m free, S13 100m breast & S13 50m free) Athens GRE Sep 04. WCh: gold (4x50m free, 4x50 med, 4x100 free) ESP Aug 98; gold (4x100m med & 4x100m free) silver (S13 100m breast) bronze (S13 100 fly & S13 50m free) Mar Del Plata ARG Dec 02. ECh: gold (S13 100 free) silver (50m free) bronze (200m free, 200m IM) ITA Aug 97; gold (S13 100m free, S13 100m fly & 4x100m free) silver (S13 50m free, SM13 200m IM & 4x100m med) GER Aug 99; gold (S13 100 fly, S13 100 back, S13 50m free & 4x100m free) silver (S13 50m free, SM13 200m IM & 4x100m med) SWE Aug 01.

Diagnosed with eye condition called Macular Dystrophy Stargardt's aged 9, which meant deterioration of vision in both eyes. Determined to succeed despite his disability he had won inter schools high jump comp within 1 yr & became London Ind Sailing champ. Took up swimming & achieved 1 mile swimming certificate following yr. Took break from swimming after Athens 04 to concentrate on studies but was inspired to return after it was announced 2012 OG would be in London. 1st selected for GBR in 96. Promotes sport & its benefits & visits local schools, clubs & events to tell his story. Would like to play a role in family property developing business in future. Has BSc in computer science. Enjoys learning the piano, collecting coins & playing chess. Nickname is 'Derv'.

Rachael Latham

Lives: Wigan
Born: 13.08.89, Billinge, Wigan
Occupation: Student
Club: Bolton Metro
Coach: Tony McGrail
Events: 100m back, 100m fly, 200m IM
Category: S8

Games attended: None

WCh: silver (34pt 4x100m med rel), bronze (100m fly), 5th (100m back), 6th (50m free), 7th (200m IM) Durban RSA Dec 03. PWC: 4th (100m fly – BR) Manchester GBR 06; 4th (100m back S8) Manchester GBR May 08. BCh: 4th (100 fly & 100m back) Sheffield GBR Apr 08. German Op: silver (S8 200m fly - ER) Berlin GER May 08.

1st selected for GBR in 05 & makes PG debut in Beijing.

Nyree Lewis

Lives: Hereford

Born: 21.09.80, Rhonda Valley, Wales

Occupation: Full-time athlete

Club: Leominster Kingfisher SC

Coach: Emma Patrick

Events: 400m free, 100m back, 100m breast, 200m IM

Category: S6

Games attended: Two (Sydney 2000 & Athens 2004)

PG: silver (100m back), bronze (SB5 100m breast & 4x50m med rel), 4th (SM6 200m IM) Sydney AUS Oct 00; gold (S6 100m back – PR & 4x50m med), silver (SB5 100m breast & SM6 200m IM), bronze (S6 400m free) Athens GRE Sep 04. WCh: gold (100m back & 4x50m rel), silver (100m breast & 200m IM) Mar Del Plata ARG Dec 02; gold (100m back & 400m free), bronze (200m IM), 5th (100m breast) Durban RSA Dec 06. ECh: silver (200m IM), bronze (100m back) GER 99; gold (100m breast) silver (100m back, 200m IM & 4x50m med rel), bronze (4x50m free) Stockholm SWE Aug 01. PWC: silver (SM6 200m IM) Manchester GBR May 08. German Op: gold (S6 200m back), silver (200m IM), 5th (S6 400m free) Berlin GER May 08.

Makes her 3rd PG appearance after medalling at both Sydney 00 & Athens 04. Celebrated her 24th birthday by winning S6 100m backstroke gold in Athens. Has become one of GBR's outstanding aths, her partner is another, swimmer Sascha Kindred. 1st sporting success was becoming Welsh champ in 87. Made GBR debut in 99 at Braunschweig GER ECh. Likes to play wheelchair rugby. Aspires to work in sport in the future. Would most like to meet David Beckham & Thierry Henry.

Andrew Lindsay

Lives: Cowdenbeath, Scotland

Born: 25.10.79, Dunfermline, Scotland

Occupation: Full-time athlete

Club: INCAS / Stirling Swim

Coach: Anthony Stickland

Events: 400m free, 100m back

Category: S7, SB6, SM7

Games attended: Three (Atlanta 1996, Sydney 2000 & Athens 2004)

PG: silver (S7 100m back) Atlanta USA Aug 96; gold (S7 100m back - WR); 7th (400m free) Sydney AUS Oct 00; gold (S7 100m back), 5th

(400m free) Athens GRE Sep 04. WCh: gold (S7 100m back) NZL 98 gold (S7 100m back), 7th (100m free) Mr Del Plata ARG Dec 02; gold (S7 100m back), silver (S7 400m free), 6th (S7 100m free) Durban RSA Dec 06. ECh: gold (S7 100m back) FRA 95; gold (S7 100m back, S7 400m free) ESP 97; gold (S7 100m back) GER 99; gold (S7 100m back) Stockholm SWE Aug 01. PWC: gold (S7 100m back & 4x50m free), 5th (S7 50m free) Manchester GBR May 06. German Op: bronze (S7 200m back) Berlin GER May 08.

Missed out on 100m back gold at Atlanta PG to Eric Lindmann (FRA) by just 9/100th of second, but put that disappointment behind him to take the title at Sydney 00 & again at Athens 04. Aiming to make it 3 in a row in Beijing. 1st selected for SCO in 93 & made GBR debut in 95 at Euro Champs in Perpignan, France. Won medals in wheelchair racing at school. Would most like to meet Steve Redgrave. A massive Celtic fan.

Mhairi Love

Lives: Lanark, Scotland

Born: 05.05.81, Lanark, Scotland

Occupation: Part time student / swimmer

Club: Stirling

Coach: Anthony Stickland

Events: 100m free, 400m free

Category: S6, SB5, SM6

Games attended: One (Athens 2004)

PG: silver: (S6 400m free & 4x50m free), 6th (S6 100m free), 8th (50m free) Athens GRE Sep 04. PWC: 4th (S6 50m free), 8th (100m free) Manchester GBR May 06.

Double silver medallist at Athens PG, beaten for ind S6 400m free gold by Doramitzi Gonzalez MEX, who set WR & PR.

Simon Miller

Lives: Littlehampton

Born: 10.06.86, Shoreham

Occupation: Swimmer

Club: Littlehampton SC

Coach: Kevin Wright,

Events: 50m free, 100m free

Category: S1, S9, S10

Games attended: None

Competing for past 7 yrs, set 50m free S9 BR in Sheffield GBR with time of 26.98 at BCh 08. Set BR for S9 100m free BCh 07 but only

held the record overnight before being taken by James Crisp in the final. Has Nat Diploma in construction. Likes rugby & boxing away from swimming.

Stephanie Millward

Lives: Chippenham, Wiltshire

Born: 20.09.81, Saudi Arabia

Occupation: Works in credit services for electrical company

Coach: Bernie Nickol

Events: 50m free, 100m free, 100m back, 100m fly

Category: S10

Games attended: none

PWC: bronze (S8 200m free) Manchester GBR May 08. German Op: 5th (S8 50m back – WR, heats) Berlin GER May 08.

Former able-bodied jnr, made return to the sport 6 months ago, having been diagnosed with multiple sclerosis shortly before Sydney 00 PG. Boyfriend played football for Bristol City.

David Roberts

Lives: Pontypridd

Born: 25.05.80, Cardiff

Occupation: Athlete

Club: Swim Swansea

Coach: Billy Pye

Events: 50m free, 100m free, 400m free

Category: S7, SB7, SM7

Games attended: Two (Sydney 00 & Athens 2004)

PG: gold (S7 50m free - WR, S7 100m free - PR & 4x100m free - WR), silver (S7 100m back, S7 400m free & 4x100m med), bronze (4x50m free) Sydney AUS Oct 00; gold (S7 400m free, S7 50m free, 100m free - WR & 4x100m free 34 pts relay tm - WR), silver (200m ind med) Athens GRE Sep 04. WCh: gold (100m free, 50m free & 4x100m med), silver (400m free), bronze (4x100m free relay) ARG Dec 02; gold (50m free, 100m free, 400m free & 34pt 4x100m free), silver (34pt 4x100m med), bronze (200m IM)

Durban RSA Dec 06. ECh: gold (S7 50m free, S7 100m free, 4x100m free, & 4x100m med) GER Aug 99; gold (S7 50m free, S7 100m free, S7 400m free, 4x100m med & 4x100m free), silver (100m back) CG: bronze (100m free) Manchester GBR 02; bronze (100m free), 4th (50m free) Melbourne AUS Mar 06. PWC: gold (S7 50m free) Manchester GBR May 08. BCh: gold (S7 100m free & S7 200m IM) 04; gold (S7 50m free & S7 100m free – WR)

Sheffield GBR Apr 08. German Op: bronze (200m free S7 – WR, heats & 400m free S7) Berlin GER May 08.

1 of outstanding performers in Athens, winning 4 gold medals & 1 silver. Could complete S7 50m free & 100m free hat-trick in Beijing. Made remarkable start to int career, winning 4 golds from 4 starts at 99 ECh, followed by 3 golds, 3 silvers & 1 bronze at PG debut in Sydney 00. Secured new WRs in 50m & 100m free S7 heats at 08 BCh before breaking them again in the fnls & collecting gold medals in both events. Has held WRs in every event races in after smashing 200m free WR in heats of 08 German Op. WR holder in 50m, 100m, 200m & 400m free as of May 08. Swam his fastest ever S7 400m free race with time of 4.49.12 at 08 PG trials. Sporting hero is JPR Williams & considers Tim Reddish as biggest influence on career. Tip for the top is to 'live hard, train hard & always take it to the max'. Enjoys watching rugby & socialising in spare time.

Eleanor Simmonds

Lives: Aldridge/ Swansea

Born: 11.11.94, Walsall

Occupation: Student

Club: Swansea Performance

Coach: Billy Pye

Events: 50m free, 100m free, 400m free, 50m fly, 200m IM

Category: S6, SB6, SM6

Games attended: None

WCh: 6th (400m free), 7th (100m free & 50m free), 8th (50m fly) Durban RSA Dec 06. BCh: gold (S6 400m free – WR, ER, BR), silver (200m IM), bronze (100m free – BR) Sheffield GBR Apr 08. German Op: gold (S6 200m free youth), silver (S8 400m free) Berlin GER May 08.

Youngest member of ParalympicsGB team in Beijing, she doesn't turn 14 until Nov 08. Broke 400m free S6 WR, ER & BR at 08 BCh with time of 5.48.26 & 100m free BR with time of 1.21.33. 1st selected for GBR in 06. Currently studying at secondary school. Favourite sport other than swimming is athletics.

Elizabeth Simpkin

Lives: Southport

Born: 11.08.94, Southport

Occupation: Student

Club: Southport SC

Coach: Alison Carney

Events: 100m back, 100m fly

Category: S9, SB8, SM9

Games attended: None

Disability Sport ENG Op: gold (4x100m med rel – WR & 4x100m free rel – WR & 50m fly), silver (100m fly), bronze (50m back) Sheffield GBR Nov 07.

Competing for 5 years, won 5 medals & helped North West team smash 2 WRs at Nov 07 Disability Sport ENG Op. Athlete she most looks up to is Sarah Storey (Bailey). Competes in Beijing aged just 14.

Lauren Steadman

Lives: Huntingdon, Cambridgeshire

Born: 18.12.92, Peterborough

Occupation: Student

Club: Kelly College

Coach: Robin Brew

Events: 50m free, 100m free, 400m free

Category: S9, SB9, SM9

Games attended: None

Winner of BBC East Disabled Sports Personality 07 & repd GBR at 07 Danish Op, where won a gold, 4 silvers & 2 bronze medals.

Won 3 golds (multi-disability 50m, 100m free & 100m back) & set 2 new Rs at 07 UK School Games. Enjoys reading, cinema & shopping with friends. Competes in triathlons, netball & rounders & enjoys running.

Anthony Stephens

Lives: Swansea

Born: 09.07.86, Reading

Club: Swansea Performance

Coach: Billy Pye

Events: 50m free, 100m free, 200m free, 50m back

Category: S5, SB4, SM5

Games attended: One (Athens 2004)

PG: silver (S5 200m free), bronze (S5 50m free, 100m free, 4x50m free 20 pts relay tm), 5th (SM5 200m IM), 7th (50m back) Athens GRE Sep 04. WCh: bronze (S5 200m free & 4x50m free), 8th (50m back) Mar Del Plata ARG Dec 02; gold (200m free), bronze (50m free, 100m free & 4x50m med), 4th (50m back), 7th (50m fly) Durban RSA Dec 06. ECH silver (4x50m free & 4x50m med) Stockholm SWE Aug 01. PWC: bronze (S5 50m free), 5th (100m free) Manchester GBR May 06; silver (S5 200m free) Manchester

GBR May 08. Danish Op: gold (SM4 150m IM - WR) Mar 04.
German Op: 8th (S5 200m free) Berlin GER May 08.
1st selected for GBR in 01, he made his PG debut in Athens, coming home with silver & bronze medals. An advanced scuba diver, enjoys rifle shooting & is a motor racing fan.

Matt Walker

Lives: Stockport

Born: 25.04.78, Stockport

Club: Marple

Coach: Colin Hood

Events: 50m free, 100m free, 50m fly, 200m IM

Category: S7, SM7, SB7

Games attended: Two (Sydney 2000, Athens 2004)

PG: gold (4x100m free - WR), silver (50m free), bronze (100m breast), Sydney AUS Oct 00; gold (4x100m free 34pts rel tm – WR, PR, ER, BR), silver (100m free & 50m free), 6th (50m fly), Athens GRE Sep 04. WCh: gold (50m free – WR) silver (4x50m free) NZ Oct 98; gold (4x100m med rel) silver (200m IM & 50m free) bronze (4x100m free) Mar Del Plata ARG 02; gold (34pt 4x100m free), bronze (50m free & 100m free), 5th (100m breast) Durban RSA Dec 06. ECh: silver (50m free) bronze (50m fly, 4x50m free) ESP Aug 97; gold (4x100m free), silver (50m free, 100m free & 4x50m free), bronze (100m breast) GER 99; gold (4x100m free rel), silver (50m free & 100m free), bronze (100m breast) SWE 01. CG: 8th (50m multi-disability free) Manchester 02; bronze (50m free), 5th (100m free) Melbourne AUS 06. PWC: gold (S7 50m free & 4x50m free rel) Manchester GBR 06; bronze (S7 50m free) Manchester GBR May 08. BCh: silver (S7 50m free & S7 100m free), silver (S7 50m fly - BR) Sheffield GBR Apr 08. Inspired by watching the Barcelona 92 OG on TV, he was 1st selected for GBR in 96. Presented with Queen's Scout Award by Queen at Windsor Castle in 99 & has honorary degree from Manchester Uni. Winner of 06 Male Disabled Swimmer of Yr, he has medalled at both of his previous PG. A warranted cub scout leader & fully certified swimming teacher who has previously coached at Marple SC. Sporting hero is Lance Armstrong. Is a Stockport County FC fan

Louise Watkin

Lives: Merstham

Born: 13.08.92, Stockholm, Sweden

Club: Kelly College

Coach: Robin Brew
Events: 50m free, 100m free, 400m free,
Category: S9, SB9, SM9
Games attended: None
WCh: silver (34pt 4x100m med rel), 4th (100m free), 5th (100m breast)
6th (50m free) 11th (100m back) Durban RSA Dec 06. PWC: silver (S9
100m free) Manchester GBR May 08. BCh: silver (50m free – ER)
Sheffield GBR Apr 08. German Op: silver (S9 200m free youth) Berlin
GER May 08.
Makes her PG debut in Beijing aged 16. Finished 1 sec off ER in S9
100m free heat & broke 400m free ER in S9 category with time of
4.49.78 at 08 BCh. Smashed ER in heats for 200m S9 IM also at 08
BCh. 1st taste of sporting success was winning her 25m swimming
badge. Enjoys running.

Danielle Watts

Lives: Denton, Oxon
Born: 13.10.80, Oxford
Occupation: Full-time athlete
Club: City of Oxford
Coach: Eddie McCluskey
Events: 50m back (S2), 50m free (S3)
Category: S1
Games attended: Two (Sydney 2000, Athens 2004)
PG: 4th (100m free – WR), 6th (50m free – WR & 50m back – WR)
Sydney AUS Oct 00; silver (S2 100m free), bronze (S2 50m free &
S2 50m back S2) Athens GRE Sep 04. WCh: gold (S1 50m free,
100m free, 200m free & 50m back) Durban RSA Dec 06. ECh:
gold (50m free, 50m back & 100m free – all WR) GER Aug 99;
gold (50m free, 100m free, 200m free & 50m back) SWE Aug 01.
German Op: gold (200m free) May 07.
Named 03 Swimming World Mag's Disabled Female Swimmer
after setting 4 WRs in 3 months, inc S1 records in 50m & 100m
free at German Op. Competes in horse riding events at reg & nat
level. Took up swimming at college in Hants. Enjoys socialising &
going out with friends.

Robert Welbourn

Lives: Market Deeping
Born: 11.06.87, Chesterfield

Club: Lincoln Vulcans SC
Coach: Marc Spackman
Events: 100M free, 400m free, 100m fly, 200m IM
Category: S10, SB9, SM10
Games attended: One (Athens 2004)
PG: gold (4x100m free 34 pts), silver (400m free), 5th (100m free)
Athens GRE Sep 04. WCh: gold (34pt 4x100m free rel), silver (400m free), 4th (100m free & 200m IM), 13th (50m free) Durban RSA Dec 06.
BCh: gold (S10 100m fly) Sheffield GBR Apr 08.
Returns to PG action after making debut in Athens 4 yrs ago. Favourite other sport is football.

Matthew Whorwood

Lives: Newquay
Born: 07.12.89, Truro
Occupation: Student
Club: Newquay Comorants
Coach: Phil Goldman
Events: 50m free, 100m free, 400m free
Category: S6, SB6, SM6
Games attended: None
WCh: silver (200m IM & 400m free), 5th (100m breast), 7th (50m free & 100m free) Durban RSA Dec 06. PWC: bronze (SM6 200m IM) Manchester GBR May 08. BCh: bronze (100m breast), 5th (200m IM) Sheffield GBR Apr 08.
1st memory of sporting success was medalling in 60m run at 98 Dwarf WCh. GBR debut came in 05.

Fran Williamson

Lives: Cambridge
Born: 16.06.85, Sunderland
Club: Colchester Phoenix
Events: 50m free, 50m back
Category: S3
Games attended: One (Athens 2004)
PG: silver (S3 50m free – BR, 50m back S3 & 4x50m free – BR), bronze (S3 100m free – BR) Athens GRE Sep 04. WCh: gold (4x50m free), silver (50m free & 50m back), bronze (100m free & 200m free) Mar Del Plata ARG Dec 02; gold (50m back, 20pt 4x50 med rel, & 20pt 4x50m free rel), silver (50m free & 200m free), 4th (100m free) Durban RSA Dec 06. ECh: bronze (S3 200m free & S3 4x50m free), 4th (S3

50m back & S3 100m free) Stockholm SWE Aug 01. PWC: silver (S3
50m back) Manchester GBR May 08.
1st selected for GBR at 01 ECh. Lived in MAW for 5 yrs & is keen
Sunderland AFC supporter.