

## CCASA Galas 2009 - Sessions 3-10 : Information for coaches

### Newquay Entries

Please e-mail all deletions to: CeliaWeb@aol.com Subject: 'CCASA deletions' if deletions are notified by Friday morning before the relevant weekend, empty lanes are avoided - thank you. If a swimmer fails to turn up for a CCASA gala without notification, their club will be fined unless circumstances are exceptional.

<b>Session:</b>	<b>3</b>		
	Saturday, February 28	Venue:	Penzance
Host Club:	Newquay		10:30 warm-up for 11:30 a.m. start
Event no:	9		Female 200m Freestyle
5			
	Harriet Scotland	9	03:41.20
10			
	Millie Owen	9	03:24.40
30			
	Jordan Holroyd	10	02:55.03
37			
	Ellen Jenkin	10	02:53.63
47			
	Emily Andrew	12	02:46.10
58			
	Millie Sander	11	02:37.00
66			
	Grace White	14	02:33.70
74			
	Emily Harbisher	12	02:31.45
75			
	Charlotte Scotland	14	02:31.00
80			
	Brogan Parsons	14	02:28.70
83			
	Rhiannon Jones	15	02:24.51
89			
	Natalie Harbisher	14	02:17.24
Event no:	10		Male 200m Breaststroke
8			
	Angus Scotney	10	03:46.10
12			
	Jack Semmonds	11	03:32.50
18			
	Dylan Scotney	12	03:17.53
Event no:	11		Female 100m Backstroke
1			
	Jessica Keast (S5)	15	03:29.60
2			
	Pascal Latham (S14)	17	02:25.25
9			
	Millie Sander	11	01:28.70
12			
	Emily Andrew	12	01:26.00

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21	Emily Harbisher	12	01:20.80
29	Brogan Parsons	14	01:18.66
37	Rhiannon Jones	15	01:16.45
40	Natalie Harbisher	14	01:12.84
Event no: 7	12	Male 100m Butterfly	
14	Jarrold Benney	15	01:12.16
<b>Session:</b>	Benjamin Procter (S14)	18	01:02.49
	<b>4</b>		
Host Club:	Saturday, February 28	Venue:	Penzance
Event no:	Carn Brea	*1:30(earliest) warm-up for 2:30(earliest) p.m. start	
3	17	Female 200m Individual Medley	
18	Ellen Jenkin	10	03:40.34
22	Jordan Holroyd	10	03:12.16
24	Emily Andrew	12	03:07.20
42	Millie Sander	11	03:06.40
45	Emily Harbisher	12	02:51.00
52	Brogan Parsons	14	02:45.67
Event no: 1	Natalie Harbisher	14	02:32.73
	18	Male 100m Individual Medley	
25	Joss Boylan	9	01:59.40
27	Angus Scotney	10	01:36.00
39	Jack Semmonds	11	01:34.20
59	Dylan Scotney	12	01:26.40
Event no: 8	Callum Roberts	16	01:14.31
	19	Female 50m Butterfly	
20	Ellen Jenkin	10	45.8
27	Millie Sander	11	41.2
49	Jordan Holroyd	10	40.19
51	Charlotte Scotland	14	35.9
	Brogan Parsons	14	35.76

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55	Emily Harbisher	12	35.13
70	Natalie Harbisher	14	31.15
Event no:	20	Male 50m Freestyle	
11	Myles Sargent	10	41.1
19	Joss Boylan	9	39.3
25	Jack Semmonds	11	37.9
29	Angus Scotney	10	37.48
54	Dylan Scotney	12	32.9
69	Jonathan Fox (S7)	17	30.76
80	Callum Roberts	16	29.35
91	Frazer Fox	15	27.83
99	Cameron Russell	15	25.99
101	Benjamin Procter (S14)	18	25.79
<b>Session:</b>	<b>5</b>		
	Sunday, March 1	Venue:	Bodmin
Host Club:	Bodmin	10:30 warm-up for 11:30 a.m. start	
Event no:	25	Female 400m Individual Medley	
5	Jordan Holroyd	10	06:58.15
10	Millie Sander	11	06:22.30
12	Emily Harbisher	12	06:06.75
Event no:	26	Male 200m Butterfly	
1	Joss Boylan	9	04:20.60
7	Jarrold Benney	15	02:37.07
Event no:	27	Female 50m Breaststroke	
1	Jessica Keast (SB4)	15	01:50.10
6	Millie Owen	9	57.7
8	Harriet Scotland	9	56.7
41	Jordan Holroyd	10	46.38
55	Emily Andrew	12	43.55
56	Ellie Vercoe	12	43.55

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71	Emily Harbisher	12	39.39
73	Brogan Parsons	14	38.32
75	Natalie Harbisher	14	38.14
Event no: 4	28	Male 100m Breaststroke	
13	Dylan Scotney	12	01:35.70
<b>Session:</b>	<b>6</b>	16	01:20.40
Host Club:	Sunday, March 1	Venue:	Bodmin
Event no: 5	32	*1:30(earliest) warm-up for 2:30(earliest) p.m. start Male 400m Freestyle	
9	Jack Semmonds	11	06:23.20
13	Angus Scotney	10	06:10.93
21	Dylan Scotney	12	05:46.20
31	Jonathan Fox (S7)	17	05:00.61
Event no: 5	33	15	04:35.57
14	Millie Owen	9	03:52.40
19	Ellen Jenkin	10	03:22.85
28	Jordan Holroyd	10	03:13.36
32	Millie Sander	11	03:04.10
40	Emily Andrew	12	03:02.10
48	Emily Harbisher	12	02:50.48
52	Rhiannon Jones	15	02:43.16
Event no: 12	34	14	02:33.80
23	Myles Sargent	10	47.2
50	Angus Scotney	10	45.1
55	Jonathan Fox (S7)	17	35.4
64	Cameron Russell	15	33.26
	Benjamin Procter (S14)	18	30.02

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Event no:	35	Female 100m Freestyle	
1	Pascal Latham (S14)	17	02:08.92
18	Millie Sander	11	01:16.48
36	Charlotte Scotland	14	01:11.10
37	Grace White	14	01:11.10
43	Emily Harbisher	12	01:10.55
48	Brogan Parsons	14	01:08.98
56	Rhiannon Jones	15	01:07.29
63	Natalie Harbisher	14	01:03.65

**Session:**

**7**

Saturday, March 7

Venue: Penzance

Host Club:

St. Austell

10:30 warm-up for 11:30 a.m. start

Event no:

39

Male 200m Freestyle

1	Joss Boylan	9	03:42.70
18	Jack Semmonds	11	03:03.10
24	Angus Scotney	10	02:55.72
28	Dylan Scotney	12	02:48.10
61	Frazer Fox	15	02:10.17
64	Benjamin Procter (S14)	18	02:02.40

Event no:	40	Female 200m Breaststroke	
1	Harriet Scotland	9	04:36.40
2	Millie Owen	9	04:36.12
21	Jordan Holroyd	10	03:40.15
22	Millie Sander	11	03:36.10
27	Ellie Vercoe	12	03:28.80
38	Emily Harbisher	12	03:09.60
39	Natalie Harbisher	14	03:02.02
42	Brogan Parsons	14	02:56.70

Event no:	41	Male 100m Backstroke	
17	Jarrold Benney	15	01:11.74

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26	Benjamin Procter (S14)	18	01:05.44
Event no:	42	Female 100m Butterfly	
3	Millie Sander	11	01:28.40
5	Emily Harbisher	12	01:22.90
6	Brogan Parsons	14	01:19.81
7	Charlotte Scotland	14	01:19.80
19	Natalie Harbisher	14	01:10.74
<b>Session:</b>	<b>8</b>		
	Saturday, March 7	Venue:	Penzance
Host Club:	Penzance	*1:30(earliest) warm-up for 2:30(earliest) p.m. start	
Event no:	47	Male 200m Individual Medley	
8	Jack Semmonds	11	03:21.70
10	Angus Scotney	10	03:18.60
16	Dylan Scotney	12	03:08.10
38	Callum Roberts	16	02:37.92
41	Jarrold Benney	15	02:37.36
Event no:	48	Female 100m Individual Medley	
4	Harriet Scotland	9	01:53.80
7	Millie Owen	9	01:52.60
30	Ellen Jenkin	10	01:38.54
50	Millie Sander	11	01:29.70
52	Jordan Holroyd	10	01:29.17
64	Emily Andrew	12	01:26.10
76	Charlotte Scotland	14	01:21.60
88	Emily Harbisher	12	01:19.02
91	Brogan Parsons	14	01:16.84
96	Natalie Harbisher	14	01:12.60
Event no:	49	Male 50m Butterfly	
3	Joss Boylan	9	47.1
4	Angus Scotney	10	46.4

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22	Dylan Scotney	12	38.21
45	Benjamin Procter (S14)	18	27.56
Event no:	50	Female 50m Freestyle	
1	Pascal Latham (S14)	17	58.02
3	Harriet Scotland	9	46.5
12	Millie Owen	9	42.6
40	Ellen Jenkin	10	37.53
41	Jordan Holroyd	10	37.3
60	Ellie Vercoe	12	35.04
73	Millie Sander	11	34.14
76	Emily Andrew	12	34
86	Grace White	14	33.2
107	Charlotte Scotland	14	32.1
110	Emily Harbisher	12	31.81
114	Rhiannon Jones	15	31.76
115	Brogan Parsons	14	31.73
135	Natalie Harbisher	14	29.37
<b>Session:</b>	<b>9</b>		
	Sunday, March 8	Venue:	Bodmin
Host Club:	Wadebridge	10:30 warm-up for 11:30 a.m. start	
Event no:	55	Male 400m Individual Medley	
1	Jack Semmonds	11	07:28.60
12	Jarrold Benney	15	05:33.36
Event no:	56	Female 200m Butterfly	
3	Jordan Holroyd	10	03:39.05
6	Millie Sander	11	03:08.60
8	Emily Harbisher	12	02:59.52
9	Charlotte Scotland	14	02:55.90
11	Natalie Harbisher	14	02:40.32
Event no:	57	Male 50m Breaststroke	

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19	Angus Scotney	10	46.39
24	Jack Semmonds	11	45.3
32	Dylan Scotney	12	41.59
Event no: 7	58	Female 100m Breaststroke	
18	Ellie Vercoe	12	01:37.20
20	Emily Harbisher	12	01:27.18
21	Natalie Harbisher	14	01:24.30
	Brogan Parsons	14	01:23.38
<b>Session:</b>	<b>10</b>		
Host Club:	Sunday, March 8	Venue:	Bodmin
Event no: 1	Launceston	*1:30(earliest) warm-up for 2:30(earliest) p.m. start	
	62	Female 400m Freestyle	
6	Millie Owen	9	08:04.70
11	Ellen Jenkin	10	06:15.32
17	Jordan Holroyd	10	06:05.00
26	Emily Andrew	12	05:38.20
28	Emily Harbisher	12	05:24.70
38	Millie Sander	11	05:21.20
39	Rhiannon Jones	15	05:06.67
Event no: 1	Natalie Harbisher	14	04:52.10
	63	Male 200m Backstroke	
4	Joss Boylan	9	04:10.70
16	Myles Sargent	10	03:47.00
36	Jack Semmonds	11	03:20.90
Event no: 1	Jarrold Benney	15	02:33.47
	64	Female 50m Backstroke	
22	Pascal Latham (S14)	17	01:07.54
29	Millie Owen	9	46.2
43	Ellen Jenkin	10	44.91
	Millie Sander	11	41.3

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48	Jordan Holroyd	10	40.7
68	Emily Andrew	12	38.55
74	Emily Harbisher	12	36.99
82	Rhiannon Jones	15	36.07
95	Natalie Harbisher	14	34.07
Event no:	65	Male 100m Freestyle	
25	Callum Roberts	16	01:03.40
33	Cameron Russell	15	59.73
34	Frazer Fox	15	59.19
43	Benjamin Procter (S14)	18	55.61

**Ages as of: 8/03/09 \*approx earliest times following half hour break after the end of the morning  
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